

## Fall/Early Winter 2018-19

First 8 weeks: 9/17/18 – 11/12/18 (no class 10/8)

Second 8 weeks: 11/26/18 – 1/28/19 (no classes 12/24 and 12/31)

**Registration Deadline for BOTH 8-week sessions: 8/19/18**

**1<sup>st</sup> Quarter - 9/17/18 – 11/12/18 (no class 10/8)**

<b>Level &amp; Time</b>	<b>Course &amp; Instructor</b>	<b>Location &amp; Contact</b>
<b>Entry Level</b>		
6:30pm-8pm	<b>PSYCHOANALYTIC THEORY OF HUMAN DEVELOPMENT I</b>  <b>Gail Elkin-Scott</b>	1133 Broadway, Suite 519 917.885.5723 <a href="mailto:gailelkinscott@gmail.com">gailelkinscott@gmail.com</a>
	This course will explore the early years of life through a multimodal lens of psychoanalytic, developmental, and attachment theories. We will focus on non-verbal and pre-verbal development and how they relate to the expressive aspect in psychoanalysis. Direct observation will provide illustration of the ideas in discussion and illuminate their role in psychoanalytic treatment.	
8:30pm-10pm	<b>PSYCHOPATHOLOGY II: PSYCHOSIS</b>  <b>Janet Sullivan</b>	Janet Sullivan 2067 Broadway, Suite 25 212. 874.2236 <a href="mailto:jansull@msn.com">jansull@msn.com</a>
	This course introduces detailed information as to types of psychoses, multiple theories as to their causation, and various verbal and expressive method of treatment both out and inpatient. Psychotic transference, countertransference, and resistance are explored. An experiential is part of the course structure.	

<b>Weekend</b>		
9/15/18 & 9/16/18	<b>JUNGIAN ANALYTIC THEORY: THERAPEUTIC APPLICATIONS</b> (required course)  <b>Jane Selinske</b>	50 West 97th Street 1H 201.615.2889 <a href="mailto:jane.selinske@gmail.com">jane.selinske@gmail.com</a>
This course presents basic Jungian analytic theory through didactic and experiential methodology. Major theoretical writings (to be read in advance) of C.G. Jung and other writers will be studied. Theory presented will be grounded by clinical examples.		
<b>Advanced</b>		
6:30pm-8pm	<b>READING COURSE IN WINNICOTT</b>  <b>Leslie Cardell</b>	Leslie Cardell 150 West 95th Street, #1B 212.252.5345 <a href="mailto:leslie.cardell@gmail.com">leslie.cardell@gmail.com</a>
This course studies the seminal contributions of D.W. Winnicott to psychoanalytic theory and treatment, including such concepts as play, transitional space, and True and False Self. A particular focus is on Winnicott's understanding of both healthy development and psychoanalytic treatment as being fundamentally creative processes. Writing assignments and class discussions make use of clinical material in integrating and applying the theories covered to a range of treatment issues, as well as the use of expressive modalities. "Come at the world creatively, create the world; it is only what you create that has meaning for you." (Winnicott, 1968, p.101)		
8:30pm-10pm	<b>[NONE]</b>	

**2<sup>nd</sup> Quarter - 11/26/18 – 1/28/19 (no classes 12/24 and 12/31)**

<b>Level &amp; Time</b>	<b>Course &amp; Instructor</b>	<b>Location &amp; Contact</b>
<b>Entry Level</b>		
6:30pm-8pm	<b>PSYCHOANALYTIC THEORY OF HUMAN DEVELOPMENT II</b>  <b>Deborah Washburn</b>	286 Fifth Ave., #7H 917.589.5603 <a href="mailto:washburndeborahf@gmail.com">washburndeborahf@gmail.com</a>
	This course is a continuation of Human Development I and will cover developmental tasks and treatment implications for adolescence through adulthood.	
8:30pm-10pm	<b>OBJECT RELATIONS I: ENGLISH/BRITISH SCHOOL</b>  <b>Gladys Foxe</b>	133 West 72 <sup>nd</sup> Street Suite 604 212.721.4649 <a href="mailto:gfoxenyc@gmail.com">gfoxenyc@gmail.com</a>
	This course focuses on the contributions of the British Object Relations theorists such as M. Klein, Fairbairn, Winnicott, Guntrip and others. Theoretical and clinical material is integrated with an emphasis on treatment implications.	

<b>Advanced</b>		
6:30pm-8pm	<p><b>TRANSFERENCE &amp; COUNTERTRANSFERENCE II</b></p> <p><b>Prerequisite: Transference and Countertransference I</b></p> <p><b>Hillary Grill</b></p>	<p>141 East 33rd Street Ste 1A 212.545.8482 <a href="mailto:hillarygrill@gmail.com">hillarygrill@gmail.com</a></p>
	<p>The focus of this course will be understanding transference and countertransference from a contemporary perspective. We will address the problems and creative uses of transference and countertransference, integrating theory with clinical practice. The concepts of unconscious relational dynamics, mutual influence and authenticity will frame and anchor our thinking. Topics include working with positive and negative transferences, enactments, self-disclosure and erotic transferences. The course will draw on readings and candidate's clinical material.</p>	
8:30pm-10pm	<p><b>CONTEMPORARY PERSPECTIVES I: RELATIONAL THEORIES</b></p> <p><b>Caryn Sherman-Meyer</b></p>	<p>240 Central Park So. Suite 2A 212.969.9591 <a href="mailto:cshermanmeyer1@gmail.com">cshermanmeyer1@gmail.com</a></p>
	<p>Tracing its origins from classical Freudian, British Object Relations and Interpersonal theory, this course will define and provide an overview of relational theory and its impact on psychoanalytic technique. Readings--classic, pioneering works, as well as newer pieces, class discussions, and student presentations will be utilized to explore concepts such as intersubjectivity, the analytic third, hierarchy, mutuality, enactments, race, gender, and sexual orientation. The broad implications of a relational approach will be examined, particularly with regard to the changes in the way analysts think about and work with transference and countertransference.</p>	
<b>Weekend</b>		

## Late Winter/Spring 2019

3<sup>rd</sup> Quarter: 2/11/19 – 4/8/19 (no class 2/18/19)

4<sup>th</sup> Quarter: 4/29/19 – 6/24/19 (no class 5/27/18)

Registration Deadline for BOTH 8-week sessions: 1/13/19

3<sup>rd</sup> Quarter - 2/11/19 – 4/8/19 (no class 2/18/19)

Level & Time	Course & Instructor	Location & Contact
<b>Entry Level</b>		
6:30pm-8pm	<b>DREAMS I</b>  <b>Cenk Cokuslu</b>	1133 Broadway, Suite 607 201.658.3649 <a href="mailto:cenk@cenkcokuslu.com">cenk@cenkcokuslu.com</a>
	This course focuses on Freudian and post-Freudian theory and technique of dream analysis. Clinical material is discussed with an emphasis on understanding and using dream imagery as symbolic communications about the patient's internal, unconscious and preconscious world.	
8:30pm-10pm	<b>NONVERBAL COMMUNICATION WITHIN THE CONTEXT OF AN ANALYTIC DIALOGUE</b>  <b>Bob Wolf</b>	461 West 43rd street, Ground Floor. 212.760.0287 <a href="mailto:rwolfnyc@aol.com">rwolfnyc@aol.com</a>
	In this course students will explore the interface of verbal and non-verbal communication, alternate levels of consciousness through creative modalities, the transference/countertransference dialogue and the forces of energy that enter into a creative psychoanalytic process. A variety of expressive modalities will be examined and their application within the analytic frame will be explored and demonstrated through experiential exercises. Material that emerges will be processed in a group format.	

<b>Weekend</b>		
Feb 23 March 9 March 23 March 30 11:00-2:30 all 4 days	<b>ELECTIVE: THE CREATIVE UNCONSCIOUS: DREAM, REVERIE AND IMAGINATION</b>  <b>Diane Fremont</b>	7 Patchin Place New York, NY 10011 212.714.5018 <a href="mailto:dfremont05@gmail.com">dfremont05@gmail.com</a>
	<p>This class will offer ways of listening, holding and relating to unconscious processes in order to deepen analytic work and facilitate psychic transformation. We will start with an overview of Jung's symbolic approach to dreams, including dreams' objective and subjective levels and their complementary or compensatory functions, understanding the dramatic structure of dreams, embodied re-entry and dreaming the dream forward, as well as looking at clinical process from a symbolic dream perspective. Then we will review the concept of reverie, following Bion, Ogden, and Jung, in its various manifestations, from maternal reverie, contemplation and meditation, to the alchemical "mental attitude", vision and incubation, and their relationship to deep analytic listening, clinical process and insight. Finally, we will look at various approaches to and ways of dialoguing with the unconscious imaginal realm, from the clinical to the creative, alchemical and mystical, and compare these to Jung's method of active imagination and other forms of creative dialogue with the unconscious and dissociated self-states, including Bromberg, Howell and Ferro/Civitarese.</p>	

<b>Advanced</b>		
6:30pm-8pm	<b>CONTINUOUS CASE SEMINAR</b>  <b>Julie May</b>	333 Third Street #1L Brooklyn, NY 718.930.0854 <a href="mailto:jmaynyc@gmail.com">jmaynyc@gmail.com</a>
	<p>This course follows one student's case over an intensive four-week period. It affords the class an opportunity to closely examine interventions, study process, and identify themes as they develop and manifest throughout sessions within one therapeutic dyad.</p>	
8:30-10pm	<b>[NONE]</b>	

**4<sup>th</sup> Quarter - 4/29/19 – 6/24/19 (no class 5/27/18)**

<b>Level &amp; Time</b>	<b>Course &amp; Instructor</b>	<b>Location &amp; Contact</b>
<b>Entry Level</b>		
6:30pm-8pm	<b>CASE SEMINAR I</b>  <b>Diane Fremont</b>	7 Patchin Place New York, NY 10011 212.714.5018 <a href="mailto:dfremont05@gmail.com">dfremont05@gmail.com</a>
	This course provides students with an opportunity to present cases in a group format. Basic clinical concepts of transference, countertransference, resistance, diagnosis and technique are discussed in the context of case presentations.	
6:30pm-8pm	<b>ELECTIVE – FREUD III</b>  <b>Cenk Cokuslu</b>	1133 Broadway, Suite 607 201.658.3649 <a href="mailto:cenk@cenkcokuslu.com">cenk@cenkcokuslu.com</a>
	Prerequisite: Freud I and II This course will explore some of Freud's case studies and his selected writings on the psychoanalytic technique, the negation and psychopathology, the civilization, the religion and the creative process.	
8:30-10pm	<b>OBJECT RELATIONS II: AMERICAN SCHOOL</b> <b>Prerequisite: OR I</b>  <b>Alan Roland</b>	26 West 9 <sup>th</sup> St, Ste 4D <a href="mailto:alanroland@aol.com">alanroland@aol.com</a> 212.982.2410
	This course will review the contributions of the influential North American and South American Object Relations theorists including Grotstein, Ogden Racker and Mitrani. The course is intended as a survey that demonstrates both the diverse points of view and basic core themes in the literature. The theoretical aspects of the discussion will be enriched by clinical material to demonstrate the formulation of clinical applications from this perspective. Participants are expected to be prepared to discuss each week's readings and to offer relevant clinical material.	
<b>Advanced</b>		
8:30pm-10pm	<b>READING COURSE IN MASUD KHAN</b>  <b>Gladys Foxe</b>	133 West 72 <sup>nd</sup> Street Suite 604 212.721.4649 <a href="mailto:gfoxenyc@gmail.com">gfoxenyc@gmail.com</a>
	A reading tour of the articles of Masud Khan a Pakistani-British psychoanalyst. A protege of Anna Freud and closely identified with Donald Winnicott, Khan was Winnicott's analysand and then his collaborator/ editor. Khan's cases are fascinating to read, insightful, and clinically brave. And, adding to his brilliance there was his outsize personal life too, a dramatic rise and tragic fall set both outside and within the politics of international psychoanalysis.	

8:30pm-10pm	<b>GENDER AND SEXUALITY</b>  <b>Lorraine Caputo</b>	15 West 12th Street 1-G 973-275-9222 <a href="mailto:Lorrainecaputo53@gmail.com">Lorrainecaputo53@gmail.com</a>
This course will focus on a comparison of classical and contemporary writings on gender and sexuality, illustrating the clinical use of our understanding of multiple psychoanalytic perspectives. We will cover the field from Freud and his followers/critics to contemporary relational thinkers such as Harris, Benjamin, Stein, Corbett, Davis and others. Students will have a chance to familiarize themselves with debates about the Oedipus complex, masculinity and femininity, penis envy, domination, sexual excitement and excess, and their relevant clinical applications.		
<b>Weekend</b>		
5/12/19 5/19/19 5/26/10 6/2/19	<b>ELECTIVE – THE BODY IN PSYCHOANALYSIS</b>  <b>Isaac Shamah</b>	1133 Broadway, Ste 607 845.641.9041 <a href="mailto:iishamah@gmail.com">iishamah@gmail.com</a>
4 Sunday meetings/ 3 hours & 15 minutes each includes 15-minute break. Sessions will combine readings, discussion, exercises and activities. Focus will be on tuning into the resonance with our patients, tracking both self and other, and attending to moment to moment awareness. We will explore how to more effectively support a patient in finding resources within themselves, create more flexibility within their system and develop more ability to manage emotional dysregulation. We will survey different practices that engage the body in treatment. These will include EMDR, Somatic Experiencing, Somatic Experiencing Touch and Vipassana Meditation. Content will interweave with relational psychoanalytic practice and transference/counter-transference dynamics. The goal of this class is to enhance the use of self and tune into the alchemy of engagement through bodily awareness.		



## **Instructor Bios:**

VANESSA BRIGHT, L.Ac., LP, is a licensed psychoanalyst (IEA), and is a licensed acupuncturist with a Master's in Acupuncture from the Pacific College of Oriental Medicine (New York). Director of Education, IEA. She has a private practice in the Flatiron District where she integrates psychoanalytic work with her knowledge of Chinese Medicine, Buddhism, and somatic awareness. She is also a writer, an artist, and a singer.

LESLIE CARDELL, LCSW, is a graduate of the Psychoanalytic Psychotherapy Study Center, and currently faculty and supervisor at PPSC. Psychoanalyst in private practice with individuals and couples, often with those engaged in the creative and performing arts.

CENK COKUSLU, MBA, LP, NCPsyA. Psychoanalyst with private practice in New York City. Executive Director, Faculty, Training Analyst and Supervisor, Institute for Expressive Analysis (IEA). Board Member, Faculty, Training Analyst and Supervisor, China American Psychoanalytic Alliance (CAPA). Instructor, National Institute for Psychotherapies (NIP). Member of Board of Trustees, National Association for the Advancement of Psychoanalysis (NAAP).

PAUL C. COOPER, L.P., Ph.D., Former Dean of Training: National Psychological Association for Psychoanalysis (NPAP); Faculty, training analyst, supervisor: NPAP, IEA, HFI; Editorial Board for Psychoanalytic Review; Award-winning author: *The Zen Impulse and the Psychoanalytic Encounter* (2010), *Into the Mountain Stream: Psychotherapy and Buddhist Experience* (2007). Co-founder, Director, Teacher: Two Rivers Zen Community in Honesdale, PA; Recent journal publications: "Taste the Strawberries," *American Journal of Psychoanalysis*, (2014), "Zen Meditation, Reverie and Psychoanalytic Listening" *Psychoanalytic Review* (2014). Dr. Cooper maintains a private psychoanalytic practice in Manhattan and in Honesdale, PA..

GAIL ELKIN-SCOTT, MPS, ATR-BC, LCAT, LP, Psychoanalyst and art therapist in private practice. Her developmental focus informs her work with adults of all ages. IEA graduate, Director of the IEA Consultation Center, faculty at New York Counseling and Guidance Institute.

GLADYS FOXE, Ph.D, LCSW, LP, Certified Psychoanalyst, in private practice with individuals, couples, and groups. Training Analyst, faculty, supervisor at IEA. Published seven articles in numerous professional journals and Winner of the Gradiva Award (Article Division) 2002. The winning article was: "But that was in another country, and besides...": Collision and Collusion in the Countertransference Between German Jewish-Descended Analyst and German Nazi-Descended Patient" Her most recent article, "Countertransference and the Heart of the Heroic: Working with a Journalist from China", appeared in *Psychoanalytic Perspectives* in 2011.

DIANE FREMONT, Diane Fremont is a Jungian Analyst in private practice in New York City. She is a former Director of Training, as well as training analyst, supervisor and faculty member, of the Jungian Psychoanalytic Association. She is also a member of the InterRegional Society of Jungian Analysts (IRSJA), as well as a member of IARPP. She is a board member of ARAS, the Archive for Research in Archetypal Symbolism, and a contributor to "The Book of Symbols," published by Taschen. As a member of the Art & Psyche Working Group, she has organized international

conferences, and writes and presents on dreams, alchemy, art and the creative process in psychoanalysis.

HILLARY GRILL, LCSW is a psychoanalyst practicing in New York City. She is a supervisor and faculty member at the National Institute for the Psychotherapies (NIP), the Institute for Expressive Analysis (IEA) and the Stephen Mitchell Relational Study Center. She is the executive editor of the journal *Psychoanalytic Perspectives*, presents widely, has written articles, the book: *Dreaming for Two: the Hidden Emotional Life of Pregnant Women* and most recently the chapter "The Importance of Fathers" in the book *Clinical Implications of the Psychoanalyst's Life Experience: When the Personal Becomes Professional*.

JULIE MAY MPS, LCAT, NCPsyA, LP, is a psychoanalyst and creative arts therapist in private practice in Park Slope, Brooklyn . She works with adults and adolescents in individual, group, and family therapy. Graduate, former board member, and faculty, IEA.

ALAN ROLAND, Ph.D. is a psychoanalyst in private practice, and is a member of both IEA and NPAP, supervising and teaching at both institutes. He has authored four books, *In Search of Self in India and Japan: Toward a Cross-Cultural Psychology; Cultural Pluralism and Psychoanalysis: The Asian and North American Experience; Journey to Foreign Selves: Asians and Asian Americans in a Global Era; and Dreams and Drama: Psychoanalytic Criticism, Creativity and the Artist*.. He has also edited and contributed to four books and a Special Edition of *The Psychoanalytic Review* on "Politics and Paranoia: The Political Exploitation of Paranoid Anxiety.." Lastly, he has published papers on transference, the induced countertransference, and dreams. He is also an exhibiting visual artist and a performed playwright.

ISAAC SHAMAH, LCSW, NCPsyA, SEP is a licensed clinical social worker in private practice in Nyack, New York. He is certified in psychoanalysis through the Institute of Expressive Analysis and certified as a couples therapist through the Westchester Center for the Study of Psychotherapy and Psychoanalysis. He is a certified Somatic Experiencing Practitioner and EMDR therapist. His practice is also inspired by 23 years of contemplative, mindfulness based Vipassana meditation practice and by many years of interest in the creative arts. Isaac works with individuals and couples integrating relational psychoanalysis with body based treatments directed toward trauma resolution.

CARYN SHERMAN-MEYER, LCSW, is faculty, supervisor and training analyst at the National Institute for the Psychotherapies and other New York City analytic institutes. She writes, teaches and supervises about eating disorders, embodiment and the intersubjective field in psychoanalysis. In recent articles and presentations, she has examined the therapeutic action of bi-directional body-to-body communication between patient and analyst. Caryn offers individual, couple and group psychotherapy and psychoanalysis as well supervision in her private practice in New York City.

JANET SULLIVAN, LP, LCAT has had multiple associations with IEA: graduate, supervisor, instructor and board member, utilizing both words and music in many different ways. She also works with bereaved persons. She has worked inpatient in a psychiatric hospital. She has had a long career as a singer and pianist and has presented at numerous conferences and has published with EGPS.

DEBORAH FIELD WASHBURN, M.Phil., L.C.S.W., NCPsyA, is a graduate of IEA and a former member of its Board. She holds a Master's degree in Developmental Psychology and has presented papers at national meetings of the American Association for Psychoanalysis in Clinical Social Work. Formerly a book and journal editor, Deborah is now in private practice in Manhattan, working primarily with individuals.

ROBERT WOLF, MPS, ATR-BC, LP, LCAT, NCPsyA, is a NYS licensed psychoanalyst and art therapist with over 35 years of experience in private practice and clinical supervision. He is currently the President of the Institute for Expressive Analysis and for many years, has been on the graduate faculty of The College Of New Rochelle, Pratt Institute, and the post graduate faculty of The Training Institute for the National Psychological Association for Psychoanalysis. He has also been a past President of IEA, NYATA, and was the Clinical Director of the Henry Street Settlement School. He has published numerous articles and book chapters on art therapy, countertransference, expressive analysis, and photo therapy. His work as a fine art sculptor and photographer have been exhibited internationally..

## REGISTRATION

### FEE SCHEDULE

Students taking One (1) or Two (2) Courses	\$275 per course + \$75 Registration Fee
Students taking Three (3) or More Courses	\$250 per course + \$75 Registration Fee
Registration Fee	\$75 per Semester (2 quarters)
Late Fee for Late Enrollment or Late Payment, including Partial Payment	\$75 per Semester (2 quarters)
Students Not Enrolling in Courses	\$75 non-registrant fee

One course = eight (8) weekly sessions.

Classes meet on Mondays from 6:30-8pm and 8:30-10pm, unless otherwise noted.

Payment is only accepted by credit card via the website [www.ieanyc.org](http://www.ieanyc.org). Current students will be informed when online registration is open.

### REGISTRATION DEADLINES

Fall Semester (first 2 quarters)	August 19, 2018
Spring Semester (second 2 quarters)	January 13, 2019

Please be sure to have your entire tuition and registration fee paid at registration to avoid a late fee. We reserve the right to cancel any course offerings that are under-enrolled. Your cooperation in registering as early as possible is appreciated. A late fee of \$75 will be assessed for any amount still outstanding after enrollment.

### NEW STUDENTS

In addition to completing the registration form, new students must apply either for full admission to the institute or for the Non-Matriculant Program. Individuals who wish to take only selected courses are welcomed by IEA as long as they meet the Institute's standards for admission. A maximum of three (3) courses may be taken in the Non-Matriculant Program. Credit for these courses is applicable to subsequent matriculation status.

**Director of Admissions:** Alana Verber-Fein 212.252.3123

## REFUND SCHEDULE

Canceling enrollment or changing registration must be done in writing to Cenk Cokuslu via email or postal mail at the addresses as follows:

[ccokuslu@gmail.com](mailto:ccokuslu@gmail.com)

201.658.3649

Cenk Cokuslu, LP  
303 5<sup>th</sup> Avenue, Ste 1103  
New York, NY 10016.

### REFUNDS

8-Week Courses	
<b>90% Refund if cancellation received <u>before</u></b>	
Fall Semester (1 <sup>st</sup> Quarter)	
Early Winter (2 <sup>nd</sup> Quarter)	
Late Winter (3 <sup>rd</sup> Quarter)	
Spring Semester (4 <sup>th</sup> Quarter)	
Cancellation after 1 <sup>st</sup> session	50% refund
Cancellation after 2 <sup>nd</sup> session	No refund

Weekend Courses	
Cancellation more than 2 weeks prior to start date	100% refund
Cancellation 2 weeks prior to start date	90% refund
Cancellation 1 week prior to start date	50% refund
Cancellation after 1 <sup>st</sup> session	No Refund (except in case of emergency, to be determined by Executive Committee)

### QUESTIONS?

Call Julie Marcus, Dean of Training, , for questions about arranging a program or qualification to enroll in a particular course. Email [info@ieanyc.org](mailto:info@ieanyc.org) for questions about the curriculum or course content.

## **NOTICE OF POLICY OF NONDISCRIMINATION**

The Institute for Expressive Analysis admits candidates of any race, color, sexual orientation, gender identity and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to candidates at the Institute. IEA subscribes to NAAP's Ethical Guidelines.