



THE INSTITUTE FOR EXPRESSIVE ANALYSIS

**Fall/Early Winter 2019-2020**

**Dates:**

1<sup>st</sup> Quarter: 9/9/19 – 11/4/19 (no class 9/30/19)

2<sup>nd</sup> Quarter: 11/18/19 – 1/20/19 (no class 12/23/19 and 12/30/19)

**Mentor Meetings (Mandatory):**

11/11/19

1/27/20

**Registration Deadline for BOTH 8-week sessions: 8/18/19**

**1<sup>st</sup> Quarter (First 8 weeks) – 9/9/19 – 11/4/19 (no class 9/30/19)**

Level & Time	Course & Instructor	Location & Contact
Entry Level	<a href="http://www.ieanyc.org">[Always check www.ieanyc.org for the most updated course information]</a>	
6:30pm-8pm	<p><b>ELECTIVE – GRIEF &amp; LOSS</b></p> <p>Gladys Foxe</p>	<p>133 West 72<sup>nd</sup> Street Suite 604</p> <p>212.721.4649</p> <p><a href="mailto:gfoxenyc@gmail.com">gfoxenyc@gmail.com</a></p>
	<p>Dealing with feelings of grief and loss have always been an integral part of being human – but new trends/challenges/technology have made this even more complicated today. We will explore a wide variety of issues including death with dignity choices, continuing life support, infertility and miscarriages, termination of a pregnancy, and yes, the death of one’s analyst. These issues will be up for discussion and readings, in non-judgmental ways.</p>	
8:30pm-10pm	<p><b>BASIC CLINICAL CONCEPTS I</b></p> <p>Blair Casdin</p>	<p>26 West 9<sup>th</sup> St # 2D New York, NY 10011</p> <p>(917) 414-9494</p> <p><a href="mailto:bc@blaircadin.com">bc@blaircadin.com</a></p>
	<p>This course addresses the basic concepts of psychoanalytic psychotherapy as they apply to clinical work, focusing on early engagement, the working alliance, resistance, transference, countertransference, and interventions.</p>	
Advanced		
6:30pm-8pm		

8:30pm-10pm	<b>INFANT RESEARCH AND ADULT TREATMENT</b>  <b>Gail Elkin-Scott</b>	928 Broadway, Suite 600 New York, NY 917.885.5723 <a href="mailto:gailelkinscott@gmail.com">gailelkinscott@gmail.com</a>
<p>In recent decades there has been an explosion of research on infancy and the findings of this research have had a significant impact on psychoanalytic theory and practice. This course will introduce methods for applying infant research to adult treatment, as well as contemporary psychoanalytic concepts discovered or verified by these recent studies. We will focus on the early origins of attachment, bodily and affect regulation, relatedness and patterns of non-verbal and verbal communication, and explore concepts such as co-construction, self and interactive regulation, mentalization and more. Readings will include works by Bowlby, Fonagy, Beebe, Lachmann, Stern, Boston Process Change Study Group, and others.</p>		
<b>Weekend</b>		
10/5/19 10/12/19 10/26/19 Time TBA	<b>RESEARCH AND ETHICS</b>  <b>Tarz Palomba</b>	220 Fifth Avenue, #300 201.618.9611 <a href="mailto:tarz.palomba@gmail.com">tarz.palomba@gmail.com</a>
<p>This course will frame the ethical issues inherent in psychoanalytic practice, research and writing. It will present the codes of ethics that form the foundation of expected ethical practices and prohibitions and explore their application in the context of psychoanalytic treatment and writing. Readings touch on boundaries, confidentiality, love, money and sex. Candidates will gain insight into risk factors, legal and professional standards, and the implications of violating those standards.</p>		

<b>2<sup>nd</sup> Quarter (Second 8 weeks) – 11/18/19 – 1/20/19 (no class 12/23/19 and 12/30/19)</b>		
<b>Level &amp; Time</b>	<b>Course &amp; Instructor</b>	<b>Location &amp; Contact</b>
<b>Entry Level</b> <a href="http://www.ieanyc.org">[Always check www.ieanyc.org for the most updated course information]</a>		
6:30pm-8pm	<b>PSYCHOPATHOLOGY I: NON-NEUROTIC DEFENSES</b>  <b>Carter Thornton</b>	1133 Broadway, suite 607 646.483.8246 <a href="mailto:carterthorntonsound@gmail.com">carterthorntonsound@gmail.com</a>

	<p>This course will explore the ‘in-between’ personalities that are dominated by non-neurotic defenses. We will summarize borderline, perverse, addictive, psychosomatic, &amp; psychotic features of depression and trauma as defending against psychotic collapse. The course will include multiple perspectives on clinical interventions with such defenses. Student’s clinical material will be presented in class.</p>	
8:30pm-10pm	<p><b>ELECTIVE: HISTORY OF PSYCHOANALYSIS</b></p> <p><b>Janet Sullivan</b></p>	<p>Janet Sullivan 2067 Broadway, Suite 25 212. 874.2236 <a href="mailto:jansull@msn.com">jansull@msn.com</a></p>
	<p>An intellectual and historical survey of the psychoanalytic family from its cultural, scientific and historical roots in 19th century Vienna through contemporary American theories and practice. Emphasis will be placed on the origins of the most well-known theories via their originators and followers. Readings will include both primary and secondary sources.</p>	
8:30-10pm	<p><b>CASE SEMINAR II</b></p> <p><b>Joan Golden-Alexis</b></p>	<p>10 West 9th Street New York, New York 10011 (212) 982-1191 <a href="mailto:drjoangolden@gmail.com">drjoangolden@gmail.com</a></p>
	<p>This course is a continuation of Case Seminar I, providing students with opportunities to present cases in a group format.</p>	
<b>Advanced</b>		
6:30pm-8pm	<p><b>CONTEMPORARY PERSPECTIVES II: ONGOING EVOLUTION OF PSYCHOANALYTIC THEORIES (course renamed from “Intersubjectivity”)</b></p> <p><b>Hillary Grill</b></p>	<p>141 East 33rd Street Ste 1A 212.545.8482 <a href="mailto:hillarygrill@gmail.com">hillarygrill@gmail.com</a></p>
	<p>This course will offer a more in depth analysis of concepts explored in Contemporary Perspectives I, and introduce the most advanced theories of psychoanalytic thought today.</p>	
8:30pm-10pm	<p><b>RESISTANCE</b></p> <p><b>Deborah Waxenberg</b></p>	<p>125 East 23rd St, 5th floor New York, NY 10010 212 477-0491 <a href="mailto:waxenbergd@aol.com">waxenbergd@aol.com</a></p>
	<p>This course focuses on classical and current psychoanalytic concepts of resistance manifestations in the treatment situation, with emphasis on the relationship between character pathology and resistance, and on the interpretation of resistance as a non-verbal symbolic communication.</p>	
<b>Weekend</b>		


## Late Winter/Spring 2019-2020

<b>Dates:</b> 3 <sup>rd</sup> Quarter: 2/3/20 – 3/30/20 (no class 2/17/20) 4 <sup>th</sup> Quarter: 4/20/20 – 6/15/20 (no class 4/13/20 and 5/25/20)	<b>Mentor Meetings (Mandatory):</b> 4/6/20 TBD
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**Registration Deadline for BOTH 8-week sessions: 1/12/20**

**3<sup>rd</sup> Quarter – 2/3/20 – 3/30/20 (no class 2/17/20)**

Level & Time	Course & Instructor	Location & Contact
<b>Entry Level</b>	<b>[Always check <a href="http://www.icanyc.org">www.icanyc.org</a> for the most updated course information]</b>	
6:30pm-8pm	<b>FREUD I</b>  <b>Cenk Cokuslu</b>	1133 Broadway, Suite 607 201.658.3649 <a href="mailto:cenk@cenkcokuslu.com">cenk@cenkcokuslu.com</a>
	This course presents basic Freudian theory through an in- depth study of selected major writings of Sigmund Freud.	
8:30pm-10pm	<b>DIAGNOSIS &amp; THE INDIVIDUAL</b>  <b>Gail Elkin-Scott</b>	928 Broadway, Suite 600 New York, NY 917.885.5723 <a href="mailto:gailelkinscott@gmail.com">gailelkinscott@gmail.com</a>
	As analysts we assess our patients provisionally and over time, recognizing that words and behaviors are signposts to fluid internal states. As clinicians, however, we are often required to make thumbnail diagnoses, based on categories created by the study of large numbers of subjects. This course will consider the Diagnostic and Statistical Manual-5. One class will be devoted to the history of the DSM and the thinking about current changes in the manual. Throughout, candidates will consider the fit between diagnosis and the individual patient, using examples from our practices or from literature. How can we use diagnosis creatively to inform our thinking, without limiting the potential of the patient to surprise us? Students are encouraged to apply critical thinking and clinical intuition to their use of diagnostic labels.	
<b>Weekend</b>		
3/8/20 3/15/20 3/22/20 1pm-5pm All 3 days	<b>SYMBOLIZATION &amp; CREATIVITY</b> <b>(Required)</b>  <b>Claudia Bader</b>	50 West 97th Street 1H 212.874.7441 <a href="mailto:abzudusk@aol.com">abzudusk@aol.com</a>

Advanced		
6:30pm-8pm	<p><b>TRAUMA</b></p> <p><b>Cora Goldfarb</b></p>	<p>Location TBA</p> <p>646.416.1775  <a href="mailto:coragoldfarb@gmail.com">coragoldfarb@gmail.com</a></p>
<p>Most patients present with some degree of trauma, even if not always initially articulated or diagnosed. This course will teach the understanding and treatment of traumatized individuals through a consideration of classic and contemporary trauma literature, attachment theory, and neuroscience. Class discussion and student presentations will be integrated throughout the course in order to allow for application of theory to case material.</p>		
8:30pm-10pm	<p><b>TRANSFERENCE &amp; COUNTERTRANSFERENCE I</b></p> <p><b>Priti Doshi</b></p>	<p>Location TBA</p> <p>646-825-1239  <a href="mailto:pdoshipsyche@gmail.com">pdoshipsyche@gmail.com</a></p>
<p>This course focuses on classical and current psychoanalytic concepts of transference. Topics include induced counter- transference, hate in the countertransference, working with positive and negative transference, self-object transference, and regression. The course addresses the problems and creative uses of countertransference, integrating theory with clinical practice.</p>		

**4<sup>th</sup> Quarter – 4/20/20 – 6/15/20 (no class 4/13/20 and 5/25/20)**

<b>Level &amp; Time</b>	<b>Course &amp; Instructor</b>	<b>Location &amp; Contact</b>
<b>Entry Level</b>		
6:30pm-8pm	<b>FREUD II</b>  <b>Cenk Cokuslu</b>	1133 Broadway, Suite 607 201.658.3649 <a href="mailto:cenk@cenkcokuslu.com">cenk@cenkcokuslu.com</a>
	This course includes a selection of Freud’s major writings after 1923. Topics covered include: structural theory, the death instinct, theory of anxiety, and man’s relation to society.	
8:30pm-10pm	<b>BASIC CLINICAL CONCEPTS II</b>  <b>Susan Obrecht</b>	59 West 12th street, Suite 1-E 212.627.2527 <a href="mailto:sobrechtlcsw@gmail.com">sobrechtlcsw@gmail.com</a>
	A continuation of Basic Clinical Concepts I.	
<b>Advanced</b>		
6:30pm-8pm	<b>DREAM ANALYSIS II</b>  <b>Diane Fremont</b>	7 Patchin Place New York, NY 10011 212.714.5018 <a href="mailto:dfremont05@gmail.com">dfremont05@gmail.com</a>
	Since the 1950’s dreams have been seen more as a communication than as a means of disguise. We will explore all aspects of dream material, both manifest and latent content as it surfaces in associations. The class will use group process format to work directly with the dreams that are presented. Readings will include contemporary writings on the use of imagination and imagery in clinical practice, the intersubjective nature of dream exploration as well as Jung’s concepts of archetypes and the collective unconscious.	
8:30pm-10pm	<b>NARCISSISM &amp; SELF-PSYCHOLOGY</b>  <b>Priti Doshi</b>	Location TBA  646-825-1239 <a href="mailto:pdoshipsyche@gmail.com">pdoshipsyche@gmail.com</a>
	This course presents the psychoanalytic theories of narcissism, including the formulations of Sigmund Freud, and emphasizing the work of Kohut and other self-psychology theorists such as Stolorow. Topics addressed include self-object transference dynamics, the role of countertransference, self-experiencing, and the meaning of empathy and empathic capability.	

## **Instructor Bios:**

CLAUDIA BADER, MPS, LCAT, NCPsyA, LP. Private practice. Former Executive Director, faculty, supervisor, graduate, IEA. Adjunct faculty, Graduate Art Therapy Dept., Pratt Institute of Design. Creative Therapy Program, New School for Social Research. Former dancer and puppeteer.

BLAIR CASDIN, LCSW-R Psychoanalyst in private practice. Graduate and faculty at the Manhattan Institute for Psychoanalysis where she supervises and teaches Ethics in Psychoanalysis. Founder and co-editor, Analysis Now Blog of the Manhattan Institute, and co-chair of MIP's Colloquium Committee. A singer and performer, Blair can be heard on iTunes, Spotify, and SoundCloud.

CENK COKUSLU, MBA, LP, NCPsyA. Psychoanalyst with private practice in New York City. Executive Director, Faculty, Training Analyst and Supervisor, Institute for Expressive Analysis (IEA). Board Member, Faculty, Training Analyst and Supervisor, China American Psychoanalytic Alliance (CAPA). Instructor, National Institute for Psychotherapies (NIP). Member of Board of Trustees, National Association for the Advancement of Psychoanalysis (NAAP).

PRITI DOSHI, JD, LP was a lawyer for 10 years before she transitioned careers to become a psychoanalyst/psychotherapist. She graduated from The National Institute for the Psychotherapies' (NIP) 4 year Adult Training Program in Psychoanalysis and Comprehensive Psychotherapy in 2017. She is the President of The National Institute for the Psychotherapies' Professional Association (NIPPA), founding member of NIP's Candidate Committee on Inclusion and Diversity, and a founding member of the Inter-Institute Taskforce on Diversity, Equity, and Inclusion. She is in private practice in NYC.

GAIL ELKIN-SCOTT, MPS, ATR-BC, LCAT, LP, Psychoanalyst and art therapist in private practice. Her developmental focus informs her work with adults of all ages. IEA graduate, Director of the IEA Consultation Center, faculty at New York Counseling and Guidance Institute.

GLADYS FOXE, Ph.D, LCSW, LP, Certified Psychoanalyst, in private practice with individuals, couples, and groups. Training Analyst, faculty, supervisor at IEA. Published seven articles in numerous professional journals and Winner of the Gradiva Award (Article Division) 2002. The winning article was: "But that was in another country, and besides...": Collision and Collusion in the Countertransference Between German Jewish-Descended Analyst and German Nazi-Descended Patient" Her most recent article, "Countertransference and the Heart of the Heroic: Working with a Journalist from China", appeared in Psychoanalytic Perspectives in 2011.

DIANE FREMONT, LCSW-R is a Jungian Analyst in private practice in New York City. She is the former Director of Training, as well as a supervisor and faculty member, of the Jungian Psychoanalytic Association. She is also a member of the InterRegional Society of Jungian Analysts (IRSJA), as well as a member of IARPP. She is a board member of ARAS, the Archive for Research in Archetypal Symbolism, and a contributor to "The Book of Symbols," published by Taschen. As a member of the Art & Psyche Working Group, she has organized international conferences, and writes and presents on dreams, alchemy, art and the creative process in psychoanalysis.

JOAN GOLDEN-ALEXIS, PH.D. is a Clinical Psychologist and Jungian analyst in private practice in New York City, with a specialty in the treatment of the couple. She offers supervision in couple and individual psychoanalysis. She is a training analyst, supervisor, and faculty member of the Jungian Psychoanalytic Association in New York (where she is the former curriculum coordinator) and the Philadelphia Jung Association for Psychoanalysis, where she teaches the dream seminar every year to both candidates and the public. She is a clinical supervisor at the Yeshiva Graduate school of Psychology, and the former director and supervisor of family and couple services at the Albert Einstein College of Medicine's community clinics. She writes and presents on dreams, on art and psyche, on the tattoo, and the intersection of psyche and the political. Her last published article, entitled "A Dream Revisited," (June, 2019) explores how dreams can help clarify the intricate interaction between personal and collective trauma.

CORA GOLDFARB, LCAT, LP is a psychoanalyst and a creative arts therapist. She has a private practice in the west village and in Brooklyn, and she works with children, adolescents, groups, and adults. Some of her specialties include: working with people affected by trauma, addiction, women's mental health issues, and working with creative people. Cora is excited to join the IEA teaching roster.

MARI GRANDE, MFA, MSW, NCPsyA, LCSW-R, LCAT, EMDR therapist. Psychoanalyst, licensed clinical social worker, licensed creative arts therapist in private practice in NYC and Brooklyn Heights working with individuals, families, and children. Director of Admissions and Faculty member at IEA.

HILLARY GRILL, LCSW is a psychoanalyst practicing in New York City. She is a supervisor and faculty member at the National Institute for the Psychotherapies (NIP), the Institute for Expressive Analysis (IEA) and the Stephen Mitchell Relational Study Center. She is the executive editor of the journal Psychoanalytic Perspectives, presents widely, has written articles, the book: Dreaming for Two: the Hidden Emotional Life of Pregnant Women and most recently the chapter "The Importance of Fathers" in the book Clinical Implications of the Psychoanalyst's Life Experience: When the Personal Becomes Professional.

SUSAN OBRECHT, LCSW is on faculty at the National Institute for the Psychotherapies, Manhattan Institute for Psychoanalysis and the Institute for Expressive Analysis. Prior to analytic training, Susan studied theater acting and directing at the HB Studio and she is currently enjoying being a student in the New Directions

Program for writing. Susan has a private practice in Greenwich Village where she specializes in working with writers and performing artists.

TARZ F. PALOMBA JD LP NCPsyA is a psychoanalyst, attorney and mediator in private practice in New York City and New Jersey. A graduate of IEA and Fordham University School of Law, she formerly served as Vice President of Legal Affairs at Tiffany & Co. In addition to psychoanalytic therapy and EMDR with adults, she practices psychoanalytically-informed mediation with couples and families.

CARYN SHERMAN-MEYER, LCSW, is faculty, supervisor and training analyst at the National Institute for the Psychotherapies and other New York City analytic institutes. She writes, teaches and supervises about eating disorders, embodiment and the intersubjective field in psychoanalysis. In recent articles and presentations, she has examined the therapeutic action of bi-directional body-to-body communication between patient and analyst. Caryn offers individual, couple and group psychotherapy and psychoanalysis as well supervision in her private practice in New York City.

JANET SULLIVAN, LP, LCAT has had multiple associations with IEA: graduate, supervisor, instructor and board member, utilizing both words and music in many different ways. She also works with bereaved persons. She has worked inpatient in a psychiatric hospital. She has had a long career as a singer and pianist and has presented at numerous conferences and has published with EGPS.

CARTER THORNTON, LP, LCAT, MT-BC - Psychoanalyst and Music Therapist with clinical and supervision practices in New York City and Westchester County. Assistant Supervisor for Creative Arts Therapies and Child Life Services at NYU Hospital/Rusk Rehabilitation where his work focuses on applications of creative arts therapy and psychoanalytic frameworks within neurologic rehabilitation. He is additionally a clinical supervisor for New York University's Music Therapy Master's program and is former Program Chair of IEA's Board of Directors.

DEBORAH WAXENBERG, PH.D. I received my PhD in Clinical Psychology from CUNY and I am a graduate, Clinical Consultant, and Co-Chair of the Relational Track of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. I am also on the faculty of the Stephen Mitchell Relational Study Center. My interests include the history and development of psychoanalytic ideas, trauma treatment, and the subjective experience of time. As a counterbalance to clinical work, I love to puzzle out sewing projects. In and out of the City I am often spotted with binoculars around my neck.

# REGISTRATION INFORMATION

## FEE SCHEDULE

Students registering for One (1) or Two (2) Courses	\$275 per course + \$75 Registration Fee
Students registering for Three (3) or More Courses	\$250 per course + \$75 Registration Fee
Registration Fee	\$75 per Semester (2 quarters)
Late Fee for Late Enrollment or Late Payment, including Partial Payment	\$75 per Semester (2 quarters)
Students Not Enrolling in Courses	\$75 non-registrant fee per Quarter

One course = eight (8) weekly sessions.

Classes meet on Mondays from 6:30-8pm and 8:30-10pm, unless otherwise noted.

Payment is only accepted by credit card via the website [www.ieanyc.org](http://www.ieanyc.org). Current students will be informed when online registration is open.

## REGISTRATION DEADLINES

Fall Semester (first 2 quarters)	<b>August 25, 2018</b>
Spring Semester (second 2 quarters)	<b>January 20, 2020</b>

Please be sure to have your entire tuition and registration fee paid at registration to avoid a late fee. We reserve the right to cancel any course offerings that are under-enrolled. Your cooperation in registering as early as possible is appreciated. A late fee of \$75 will be assessed for any amount still outstanding after enrollment.

## NEW STUDENTS

In addition to completing the registration form, new students must apply either for full admission to the institute or for the Non-Matriculant Program. Individuals who wish to take only selected courses are welcomed by IEA as long as they meet the Institute's standards for admission. A maximum of three (3) courses may be taken in the Non-Matriculant Program. Credit for these courses is applicable to subsequent matriculation status.

**Director of Admissions:** Meredith Glidden [admissions@ieanyc.org](mailto:admissions@ieanyc.org)

## REFUND SCHEDULE

Canceling enrollment or changing registration must be done in writing to Director of Education, Vanessa Bright at [education@ieanyc.org](mailto:education@ieanyc.org) *and* to Cenk Cokuslu via email or postal mail at the addresses as follows:

[ccokuslu@gmail.com](mailto:ccokuslu@gmail.com)

Cenk Cokuslu, LP

353 Lexington Avenue, Suite 200, Office 6 |

New York, NY 10016

### REFUNDS

#### 8-Week Courses

##### 50% Refund if cancellation received no later than

Fall Semester (1 <sup>st</sup> Quarter)	8/25/19
Early Winter (2 <sup>nd</sup> Quarter)	10/03/19
Late Winter (3 <sup>rd</sup> Quarter)	1/19/20
Spring Semester (4 <sup>th</sup> Quarter)	4/5/20
Cancellation after 1 <sup>st</sup> session	No refund

#### Weekend Courses

Cancellation <b>more than</b> 2 weeks prior to start date	100% refund
Cancellation 2 weeks or less prior to start date	50% refund
Cancellation 1 week prior to start date	No refund (Except in cases of emergency, to be determined by Executive Committee)

### QUESTIONS?

Call **Julie Marcus, Dean of Training**, 917-509-5893 for questions about arranging a program or qualification to enroll in a particular course. Email [education@ieanyc.org](mailto:education@ieanyc.org) for questions about the curriculum or course content.

### NOTICE OF POLICY OF NONDISCRIMINATION

The Institute for Expressive Analysis admits candidates of any race, color, sexual orientation, gender identity and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to candidates at the Institute. IEA subscribes to NAAP's Ethical Guidelines.