



THE INSTITUTE FOR EXPRESSIVE ANALYSIS

Fall/Early Winter 2020-2021

Dates: 1 st Quarter: 9/14/20 – 11/9/20 (no class 9/28/20) 2 nd Quarter: 11/23/20 – 1/18/21 (no class 12/28/20)	Mentor Meetings (Mandatory): 11/16/20 1/25/21
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Registration Deadline for BOTH 8-week sessions: 8/24/20
Note on locations: Please follow email notifications from IEA regarding changes to course locations due to COVID-19

1st Quarter (First 8 weeks) – 9/14/20 – 11/9/20 (no class 9/28/20)

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	JUNGIAN ANALYTIC THEORY Cindy Poorbaugh	Location: Zoom Meeting 145 East 29th Street, 1A New York, NY 10016 646-369-5465 poorbaughc@gmail.com
	This course presents basic Jungian analytic theory through didactic and experiential methodology. Major theoretical writings (to be read in advance) of C.G. Jung and other writers will be studied. Theory presented will be grounded by clinical examples.	
8:30pm-10pm	HUMAN DEVELOPMENT I Gail Elkin-Scott	Location: Zoom Meeting 32 Union Sq. East, Suite 1218 New York, NY 10003 917.885.5723 gaillekinscott@gmail.com
	This course will explore the early years of life through a multimodal lens of psychoanalytic, developmental, and attachment theories. We will focus on non-verbal and pre-verbal development and how they relate to the expressive aspect in psychoanalysis. Direct observation will provide illustration of the ideas in discussion and illuminate their role in psychoanalytic treatment.	

Advanced		
6:30pm-8pm	READING COURSE IN WINNICOTT	Location: Zoom Meeting 303 5th Avenue 13th Floor New York, New York 646-543-1981 Tsimon.lcsw@gmail.com
	Tracey Simon	This course studies the seminal contributions of D.W. Winnicott to psychoanalytic theory and treatment, including such concepts as play, transitional space, and True and False Self. A particular focus is on Winnicott's understanding of both healthy development and psychoanalytic treatment as being fundamentally creative processes. Writing assignments and class discussions make use of clinical material in integrating and applying the theories covered to a range of treatment issues, as well as the use of expressive modalities. "Come at the world creatively, create the world; it is only what you create that has meaning for you." (Winnicott, 1968, p.101)
8:30-10pm		
Weekend		
10/10/20 10/18/20 10/24/20 Time: 12pm-4pm each day	NON-VERBAL COMMUNICATION WITHIN PSYCHOANALYTIC CONTEXT – PART II (Advanced)	Location: Zoom Meeting hmarip@gmail.com
	Mari Grande	This is Part II of this course. In this course students will explore the interface of verbal and non-verbal communication, alternate levels of consciousness through creative modalities, the transference/countertransference dialogue and the forces of energy that enter into a creative psychoanalytic process. A variety of expressive modalities will be examined and their application within the analytic frame will be explored and demonstrated through experiential exercises. Material that emerges will be processed in a group format.
9/20/20 9/27/20 11/1/20 11/8/20 10am-1pm Each day	RESEARCH & ETHICS	Location: Zoom Meeting stafford60ms@gmail.com
	Mark Stafford	This course will frame the ethical issues inherent in psychoanalytic practice, research and writing. It will present the codes of ethics that form the foundation of expected ethical practices and prohibitions and explore their application in the context of psychoanalytic treatment and writing. Readings touch on boundaries, confidentiality, love, money and sex. Candidates will gain insight into risk factors, legal and professional standards, and the implications of violating those standards.

2nd Quarter (Second 8 weeks) – 11/23/20 – 1/18/21 (no class 12/28/20)

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	<p>DREAMS I</p> <p>Cenk Cokuslu</p> <p>This course focuses on Freudian and post-Freudian theory and technique of dream analysis. Clinical material is discussed with an emphasis on understanding and using dream imagery as symbolic communications about the patient’s internal, unconscious and preconscious world.</p>	<p>1133 Broadway, Suite 607 201.658.3649 cenk@cenkcokuslu.com</p>
8:30pm-10pm	<p>OBJECT RELATIONS: ENGLISH SCHOOL</p> <p>Gladys Foxe</p> <p>This course focuses on the contributions of the British Object Relations theorists such as M. Klein, Fairbairn, Winnicott, Guntrip and others. Theoretical and clinical material is integrated with an emphasis on treatment implications.</p>	<p>133 West 72nd Street Suite 604 212.721.4649 gfoxenyc@gmail.com</p>

Advanced		
6:30pm-8pm		
8:30pm-10pm	<p>CONTEMPORARY PERSPECTIVES I: RELATIONAL THEORIES</p> <p>Caryn Sherman-Meyer</p>	<p>240 Central Park So. Suite 2A 212.969.9591 cshermanmeyer1@gmail.com</p>
Weekend		
	<p>Tracing its origins from classical Freudian, British Object Relations and Interpersonal theory, this course will define and provide an overview of relational theory and its impact on psychoanalytic technique. Readings--classic, pioneering works, as well as newer pieces, class discussions, and student presentations will be utilized to explore concepts such as intersubjectivity, the analytic third, hierarchy, mutuality, enactments, race, gender, and sexual orientation. The broad implications of a relational approach will be examined, particularly with regard to the changes in the way analysts think about and work with transference and countertransference.</p>	

Late Winter/Spring 2020-2021

Dates: 3 rd Quarter: 2/1/21 – 3/22/21 4 th Quarter: 4/12/21 – 6/7/21 (no class 5/31/21)	Mentor Meetings (Mandatory): 4/5/21 TBD
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Registration Deadline for BOTH 8-week sessions: 1/18/21

3rd Quarter – 2/1/21 – 3/22/21

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	OBJECT RELATIONS II: AMERICAN SCHOOL Maryann Marston	20 East 68th Street Suite 203 New York, NY (917) 444-3371 mmarston@me.com
	This course will review the contributions of the influential North American and South American Object Relations theorists including Grotstein, Ogden Racker and Mitrani. The course is intended as a survey that demonstrates both the diverse points of view and basic core themes in the literature. The theoretical aspects of the discussion will be enriched by clinical material to demonstrate the formulation of clinical applications from this perspective. Participants are expected to be prepared to discuss each week's readings and to offer relevant clinical material.	
8:30pm-10pm	PSYCHOPATHOLOGY II: PSYCHOSIS Janet Sullivan	Janet Sullivan 2067 Broadway, Suite 25 212. 874.2236 jansull@msn.com
	This course introduces detailed information as to types of psychoses, multiple theories as to their causation, and various verbal and expressive method of treatment both out and inpatient. Psychotic transference, countertransference, and resistance are explored. An experiential is part of the course structure.	
Weekend		
3/7/21 3/14/21 3/21/21 1:00pm-5:00pm each day	SYMBOLIZATION AND CREATIVITY – REQUIRED WEEKEND COURSE Claudia Bader	50 West 97th St #1H 917-747-8254 (for texting) 212-874-7441 abzudusk@aol.com

This course explores the symbolization processes at work in unconscious fantasies, symptom formation, trauma and creativity. Ways of working with symbolization in treatment will also be discussed.

Advanced

6:30pm-8pm	<p>TRANSFERENCE-COUNTERTRANSFERENCE II</p> <p>Hillary Grill</p>	<p>141 East 33rd Street Ste 1A 212.545.8482 hillarygrill@gmail.com</p>
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The focus of this course will be understanding transference and countertransference from a contemporary perspective. We will address the problems and creative uses of transference and countertransference, integrating theory with clinical practice. The concepts of unconscious relational dynamics, mutual influence and authenticity will frame and anchor our thinking. Topics include working with positive and negative transferences, enactments, self-disclosure and erotic transferences. The course will draw on readings and candidate’s clinical material.

8:30pm-10pm	<p>ELECTIVE: MINDFULNESS, BUDDHISM, AND CONTEMPLATIVE PSYCHOTHERAPY</p> <p>Paul Cooper</p>	<p>145 East 35th Street, #5FE 212.779.2425 chugai108@gmail.com</p>
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Drawing from original source material, psychoanalytic writings and contemporary Buddhist scholarship, participants will be introduced basic Buddhist concepts including “total exertion,” emptiness and dependent-arising, this proposed 8 week course elaborates a “realizational” perspective that integrates Buddhism and psychoanalysis, experientially, theoretically and clinically. From a clinical practice perspective, participants will explore relationships between the Buddhist notions of “prajna” or intuition, and “thinking, not-thinking and non-thinking in relation to psychoanalytic reverie, countertransference, the experience of self and no-self, Bion’s notion of intuition of “O,” and his technical mandate to relinquish memory, desire and understanding. The course will include participation in various meditation practices and weekly discussions on how they relate and influence clinical practice. Attention will be given to identities, similarities and differences between various schools of Buddhism and different psychoanalytic theoretical orientations. Selected readings will anchor each week’s class discussion.

4th Quarter – 4/12/21 – 6/7/21 (no class 5/31/21)

Level & Time	Course & Instructor	Location & Contact
Entry Level		
6:30pm-8pm	<p>CASE SEMINAR I</p> <p>Carter Thornton</p>	<p>1133 Broadway, suite 607 646.483.8246 carterthorntonsound@gmail.com</p>
	<p>This course provides students with an opportunity to present cases in a group format. Basic clinical concepts of transference, countertransference, resistance, diagnosis and technique are discussed in the context of case presentations.</p>	
8:30pm-10pm	<p>HUMAN DEVELOPMENT II</p> <p>Karen Senecal</p>	<p>37 Washington Square West Suite 1B (enter on W 4th) 917.974.2976 karenhsenecal@gmail.com</p>
	<p>This course is a continuation of Human Development I and will cover developmental tasks and treatment implications for adolescence through adulthood.</p>	
Advanced		
6:30pm-8pm	<p>CONTINUOUS CASE SEMINAR</p> <p>Deborah Waxenberg</p>	<p>125 East 23rd St, 5th floor New York, NY 10010 212 477-0491 waxenbergd@aol.com</p>
	<p>This course follows one student's case over the entire course of the class. It affords the class an opportunity to closely examine interventions, study process, and identify themes as they develop and manifest throughout sessions within one therapeutic dyad.</p>	
8:30pm-10pm	<p>GENDER AND SEXUALITY</p> <p>Lorraine Caputo</p>	<p>15 West 12th Street 1-G 973.275.9222 Lorrainecaputo53@gmail.com</p>
	<p>This course will focus on a comparison of classical and contemporary writings on gender and sexuality, illustrating the clinical use of our understanding of multiple psychoanalytic perspectives. We will cover the field from Freud and his followers/critics to contemporary relational thinkers such as Harris, Benjamin, Stein, Corbett, Davis and others. Students will have a chance to familiarize themselves with debates about the Oedipus complex, masculinity and femininity, penis envy, domination, sexual excitement and excess, and their relevant clinical applications.</p>	

Weekend		
5/1/21, 5/2/21, 5/8/21, 5/9/21	CASE PRESENTATION SEMINAR Meredith Glidden	1 Christopher St, Ste 1A, New York, NY 10014 meredithglidden@gmail.com
10am-1pm each day	This course offers advanced students the opportunity to present cases with a focus on conceptualization, formal organization of case material, and integration of theory with clinical material.	

Instructor Bios:

CLAUDIA BADER, MPS, LCAT, NCPsyA, LP. Private practice. Former Executive Director, faculty, supervisor, graduate, IEA. Adjunct faculty, Graduate Art Therapy Dept., Pratt Institute of Design. Creative Therapy Program, New School for Social Research. Former dancer and puppeteer.

LORRAINE CAPUTO (coming soon)

CENK COKUSLU, MBA, LP, NCPsyA. Psychoanalyst with private practice in New York City. Executive Director, Faculty, Training Analyst and Supervisor, Institute for Expressive Analysis (IEA). Board Member, Faculty, Training Analyst and Supervisor, China American Psychoanalytic Alliance (CAPA). Instructor, National Institute for Psychotherapies (NIP). Member of Board of Trustees, National Association for the Advancement of Psychoanalysis (NAAP).

PAUL C. COOPER, L.P., Ph.D., Former Dean of Training: National Psychological Association for Psychoanalysis (NPAP); Faculty, training analyst, supervisor: NPAP, IEA, HFI; Editorial Board for Psychoanalytic Review; Award-winning author: *The Zen Impulse and the Psychoanalytic Encounter* (2010), *Into the Mountain Stream: Psychotherapy and Buddhist Experience* (2007). Co-founder, Director, Teacher: Two Rivers Zen Community in Honesdale, PA; Recent journal publications: "Taste the Strawberries," *American Journal of Psychoanalysis*, (2014), "Zen Meditation, Reverie and Psychoanalytic Listening" *Psychoanalytic Review* (2014). Dr. Cooper maintains a private psychoanalytic practice in Manhattan and in Honesdale, PA.

MEREDITH GLIDDEN LCAT, LP* is a creative arts therapist and psychoanalyst with a private practice in New York City. She works with adolescents and adults with a specialty in substance use. Meredith did her post-graduate training at the Institute for Expressive Analysis and is now a board member and is IEA's Director of Admissions.

*License in Psychoanalysis Pending

GAIL ELKIN-SCOTT, MPS, ATR-BC, LCAT, LP, Psychoanalyst and art therapist in private practice. Her developmental focus informs her work with adults of all ages. IEA graduate, Director of the IEA Consultation Center, faculty at New York Counseling and Guidance Institute.

GLADYS FOXE, Ph.D, LCSW, LP, Certified Psychoanalyst, in private practice with individuals, couples, and groups. Training Analyst, faculty, supervisor at IEA. Published seven articles in numerous professional journals and Winner of the Gradiva Award (Article Division) 2002. The winning article was: "But that was in

another country, and besides...”: Collision and Collusion in the Countertransference Between German Jewish-Descended Analyst and German Nazi-Descended Patient” Her most recent article, “Countertransference and the Heart of the Heroic: Working with a Journalist from China”, appeared in *Psychoanalytic Perspectives* in 2011.

MARI GRANDE, MFA, MSW, NCPsyA, LCSW-R, LCAT, EMDR therapist. Psychoanalyst, licensed clinical social worker, licensed creative arts therapist in private practice in NYC and Brooklyn Heights working with individuals, families, and children. Director of Admissions and Faculty member at IEA.

HILLARY GRILL, LCSW is a psychoanalyst practicing in New York City. She is a supervisor and faculty member at the National Institute for the Psychotherapies (NIP), the Institute for Expressive Analysis (IEA) and the Stephen Mitchell Relational Study Center. She is the executive editor of the journal *Psychoanalytic Perspectives*, presents widely, has written articles, the book: *Dreaming for Two: the Hidden Emotional Life of Pregnant Women* and most recently the chapter “The Importance of Fathers” in the book *Clinical Implications of the Psychoanalyst’s Life Experience: When the Personal Becomes Professional*.

MARYANN MARSTON, LCSW is a psychoanalyst and psychotherapist in private practice in Manhattan. She is a graduate of NYU Silver School of Social Work and completed her post-graduate analytic training at the National Institute for the Psychotherapies. She is a member of the board of NIP’s Professional Association, has coordinated NIP’s Seminar Series for visiting interns/externs, has assisted in the production of NIP’s Annual Conferences, and sits on the Curriculum Committee. Interested in integrative analytic work, she has taken further study in CBT and DBT.

CYNTHIA (CINDY) POORBAUGH, MFA, LP is a Jungian analyst in private practice in NYC, and Cold Spring, NY. She is a faculty member and supervisor for the Jungian Psychoanalytic Association, and a member of IAAP and IAJS. She serves on the Board of Trustees for the C.G. Jung Foundation of New York, and teaches for the Foundation’s Continuing Education program, as well as for the seminar series of PAJA, The Philadelphia Association of Jungian Analysts. She has presented papers on the interface of Jungian theory with art and astrology at psychoanalytic training colloquia and at international conferences.

KAREN SENEAL (coming soon)

CARYN SHERMAN-MEYER, LCSW, is faculty, supervisor and training analyst at the National Institute for the Psychotherapies and other New York City analytic institutes. She writes, teaches and supervises about eating disorders, embodiment and the intersubjective field in psychoanalysis. In recent articles and presentations, she has examined the therapeutic action of bi-directional body-to-body communication between patient and analyst. Caryn offers individual, couple and group psychotherapy and psychoanalysis as well supervision in her private practice in New York City.

TRACEY SIMON, LCSW, Member Institute for Psychoanalytic Training and Research (IPTAR); Member International Psychoanalytic Institute (FIPA); Member, Confederation of Independent Psychoanalytic Societies (CIPS); Member, New York Institute of Expressive Analysis (IEP); Member, National Association of Social Workers (NASW); Member, American Association for Psychoanalysis in Clinical Social Work (AAPCSW); Clinical Faculty, Institute for Psychoanalytic Training and Research (IPTAR); Faculty, Institute for Expressive Analysis (IEA); Faculty, Institute for Training in Psychoanalytic Psychotherapy (MITPP). Certificate in Psychoanalysis, IPTAR; Master of Social Work, New York University; Master of Arts, Photography and Related Media, School of Visual Arts (Thesis, Single Channel video, Relative Distance); Master of Arts in Poetry, University of California, Irvine (Chapbook, Distant Relatives). Poems published in various journals; Installations and single channel video installations.

MARK STAFFORD, LP. A graduate of Apres-Coup Psychoanalytic Association where is also a faculty member. He was the Director of Studies at the Westchester Institute (2006-9). He has been an adjunct faculty at the New School, The School of Visual Arts and holds an MA from the University of Edinburgh Scotland . His publications include "Being Human: The Technological Extensions of the Body"(2000). W.E.B Dubois(1995)

JANET SULLIVAN, LP, LCAT has had multiple associations with IEA: graduate, supervisor, instructor and board member, utilizing both words and music in many different ways. She also works with bereaved persons. She has worked inpatient in a psychiatric hospital. She has had a long career as a singer and pianist and has presented at numerous conferences and has published with EGPS.

CARTER THORNTON, LP, LCAT, MT-BC - Psychoanalyst and Music Therapist with clinical and supervision practices in New York City and Westchester County. Assistant Supervisor for Creative Arts Therapies and Child Life Services at NYU Hospital/Rusk Rehabilitation where his work focuses on applications of creative arts therapy and psychoanalytic frameworks within neurologic rehabilitation. He is additionally a clinical supervisor for New York University's Music Therapy Master's program and is former Program Chair of IEA's Board of Directors.

DEBORAH WAXENBERG, PH.D. I received my PhD in Clinical Psychology from CUNY and I am a graduate, Clinical Consultant, and Co-Chair of the Relational Track of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. I am also on the faculty of the Stephen Mitchell Relational Study Center. My interests include the history and development of psychoanalytic ideas, trauma treatment, and the subjective experience of time. As a counterbalance to clinical work, I love to puzzle out sewing projects. In and out of the City I am often spotted with binoculars around my neck.

REGISTRATION INFORMATION

FEE SCHEDULE

Students registering for One (1) or Two (2) Courses	\$275 per course + \$75 Registration Fee
Students registering for Three (3) or More Courses	\$250 per course + \$75 Registration Fee
Registration Fee	\$75 per Semester (2 quarters)
Late Fee for Late Enrollment or Late Payment, including Partial Payment	\$75 per Semester (2 quarters)
Students Not Enrolling in Courses	\$75 non-registrant fee per Quarter

One course = eight (8) weekly sessions, 12 hours of instruction. Some courses are taught on weekends, and also consist of 12 hours of instruction.

Classes meet on Mondays from 6:30-8pm and 8:30-10pm, unless otherwise noted.

Payment is only accepted by credit card via the website www.ieanyc.org. Current students will be informed when online registration is open.

REGISTRATION DEADLINES

Fall Semester (first 2 quarters)	August 24, 2020
Spring Semester (second 2 quarters)	January 18, 2021

Please be sure to have your entire tuition and registration fee paid at registration to avoid a late fee. We reserve the right to cancel any course offerings that are under-enrolled. Your cooperation in registering as early as possible is appreciated. A late fee of \$75 will be assessed for any amount still outstanding after enrollment.

NEW STUDENTS

In addition to completing the registration form, new students must apply either for full admission to the institute or for the Non-Matriculant Program. Individuals who wish to take only selected courses are welcomed by IEA as long as they meet the Institute's standards for admission. A maximum of three (3) courses may be taken in the Non-Matriculant Program. Credit for these courses is applicable to subsequent matriculation status.

Director of Admissions: Meredith Glidden admissions@ieanyc.org

REFUND SCHEDULE

Canceling enrollment or changing registration must be done in writing to Director of Education, Vanessa Bright at education@ieanyc.org *and* to Treasurer Kristin Long via email or postal mail at the addresses as follows:

Email

Mailing address

REFUNDS

8-Week Courses	
50% Refund if cancellation received <u>more than</u> 2 weeks prior to course start:	
Fall Semester (1 st Quarter)	August 30, 2020 and before
Early Winter (2 nd Quarter)	November 8, 2020 and before
Late Winter (3 rd Quarter)	January 10, 2021 and before
Spring Semester (4 th Quarter)	March 20, 2021 and before
Cancellation after 1 st session	No refund
Cancellations due to extenuating circumstances will be evaluated on a case-by-case basis.	

Weekend Courses	
Cancellation more than 2 weeks prior to start date	100% refund
Cancellation 7-14 days prior to start date	50% refund
Cancellation less than 7 days prior to start date	No refund (Except in cases of emergency, to be determined by Executive Committee)

QUESTIONS?

Call **Julie Marcus, Dean of Training**, 917-509-5893 for questions about arranging a program or qualification to enroll in a particular course. Email education@ieanyc.org for questions about the curriculum or course content.

NOTICE OF POLICY OF NONDISCRIMINATION

The Institute for Expressive Analysis admits candidates of any race, color, sexual orientation, gender identity and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to candidates at the Institute. IEA subscribes to NAAP's Ethical Guidelines.