



THE INSTITUTE FOR EXPRESSIVE ANALYSIS

Fall/Early Winter 2021-2022

Dates:

1st Quarter: 9/13/21 - 11/1/21

2nd Quarter: 11/15/21 - 1/10/22 (No class 12/27/21)

Mentor Meetings (Mandatory):

Registration Deadline for BOTH 8-week sessions: 8/23/21

Note on locations: Please follow email notifications from IEA regarding changes to course locations due to COVID-19

1st Quarter (First 8 weeks) – 9/13/21 - 11/1/21

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	BASIC CLINICAL CONCEPTS I Blair Casdin	Location: Zoom Meeting (917) 414-9494 bc@blaircadin.com
	This course addresses the basic concepts of psychoanalytic psychotherapy as they apply to clinical work, focusing on early engagement, the working alliance, resistance, transference, countertransference, and interventions.	
8:30pm-10pm	PSYCHOPATHOLOGY I: NON-NEUROTIC DEFENSES Carter Thornton	Location: Zoom Meeting 646.483.8246 carterthorntonsound@gmail.com
	This course will explore the 'in-between' personalities that are dominated by non-neurotic defenses. We will summarize borderline, perverse, addictive, psychosomatic, & psychotic features of depression and trauma as defending against psychotic collapse. The course will include multiple perspectives on clinical interventions with such defenses. Student's clinical material will be presented in class.	

Advanced		
6:30pm-8pm	<p>READING COURSE IN JACQUES LACAN</p> <p>Mark Stafford</p>	<p>Location: Zoom Meeting</p> <p>stafford60ms@gmail.com</p>
8:30-10pm	<p>GENDER AND SEXUALITY</p> <p>Monroe Street</p>	<p>Location: Zoom Meeting</p> <p>street.monroe@gmail.com</p>
8:30-10pm	<p>INFANT RESEARCH AND ADULT TREATMENT</p> <p>Gail Elkin-Scott</p>	<p>Location: Zoom Meeting</p> <p>917.885.5723</p> <p>gailelkinscott@gmail.com</p>
	<p>The French psychoanalyst Jacques Lacan (1901-1982) is one of the most widely referenced contributors to psychoanalytic theory in the world. Although he is discussed mainly in the area of cultural theory in the English-speaking world his clinical practice is highly influential throughout Latin America and there are now Lacanian schools in Japan, China and Russia. In this course we will introduce Lacan through his concepts of the Real, the Imaginary & the Symbolic.</p> <p>This course will focus on a comparison of classical and contemporary writings on gender and sexuality, illustrating the clinical use of our understanding of multiple psychoanalytic perspectives. We will cover the field from Freud and his followers/critics to contemporary relational thinkers such as Harris, Benjamin, Stein, Corbett, Davis and others. Students will have a chance to familiarize themselves with debates about the Oedipus complex, masculinity and femininity, penis envy, domination, sexual excitement and excess, and their relevant clinical applications.</p> <p>In recent decades there has been an explosion of research on infancy and the findings of this research have had a significant impact on psychoanalytic theory and practice. This course will introduce methods for applying infant research to adult treatment, as well as contemporary psychoanalytic concepts discovered or verified by these recent studies. We will focus on the early origins of attachment, bodily and affect regulation, relatedness and patterns of non-verbal and verbal communication, and explore concepts such as co-construction, self and interactive regulation, mentalization and more. Readings will include works by Bowlby, Fonagy, Beebe, Lachmann, Stern, Boston Process Change Study Group, and others.</p>	

Weekend		
		Location: Zoom Meeting

2nd Quarter (Second 8 weeks) – 11/15/21 - 1/10/22 (No class 12/27/21)

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	FREUD I Cenk Cokuslu This course presents basic Freudian theory through an in- depth study of selected major writings of Sigmund Freud.	Location: Zoom Meeting 201.658.3649 cenk@cenkcokuslu.com
8:30pm-10pm		Location: Zoom Meeting

Advanced		
6:30pm-8pm	TRAUMA Karen Morris	Location: Zoom Meeting klmplex108@gmail.com
	<p>Most patients present with some degree of trauma, even if not always initially articulated or diagnosed. This course will teach the understanding and treatment of traumatized individuals through a consideration of classic and contemporary trauma literature, attachment theory, and neuroscience. Class discussion and student presentations will be integrated throughout the course in order to allow for application of theory to case material.</p>	
8:30pm-10pm	TRANSFERENCE & COUNTERTRANSFERENCE II Karen Senecal	Location: Zoom Meeting 917.974.2976 karenhsenecal@gmail.com
	<p>This course focuses on classical and current psychoanalytic concepts of transference. Topics include induced counter-transference, hate in the countertransference, working with positive and negative transference, self-object transference, and regression. The course addresses the problems and creative uses of countertransference, integrating theory with clinical practice.</p>	
8:30pm-10pm	THE BIONIC DEVELOPMENT Paul Cooper	Location: Zoom Meeting 212.779.2425 chugai108@gmail.com
	<p>This course will focus on close readings of Wilfred Bion's theory of technique beginning with his ground-breaking and seminal paper "Notes on Memory & Desire (1967). Further elaborations from his book Attention & Interpretation (1970), and how his work was developed and extended by psychoanalysts who followed his ideas including Thomas Ogden, Antonino Ferro, Rudi Vermote, James Grotstein, Joan & Neville Symington and others. and will emphasize technique-based topics including: "Freedom from memory, desire and understanding," "Narrative derivatives," "O" & "K" beta, and "dreamwork alpha function," Maternal reverie, projective identification, container & contained.</p>	
Weekend		
	RESEARCH AND ETHICS Mark Stafford	Location: Zoom Meeting stafford60ms@gmail.com
	<p>This course will frame the ethical issues inherent in psychoanalytic practice, research and writing. It will present the codes of ethics that form the foundation of expected ethical practices and prohibitions and explore their application in the</p>	

context of psychoanalytic treatment and writing. Readings touch on boundaries, confidentiality, love, money and sex. Candidates will gain insight into risk factors, legal and professional standards, and the implications of violating those standards.

Late Winter/Spring 2021-2022

Dates: 3 rd Quarter: 1/24/22 - 3/14/22 4 th Quarter: 3/28/22 - 5/23/22 (No class 4/18/22)		Mentor Meetings (Mandatory): TBD
Registration Deadline for BOTH 8-week sessions: 1/9/22		
3rd Quarter – 1/24/22 - 3/14/22		
Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	FREUD II Cenk Cokuslu	Location TBA 201.658.3649 cenk@cenkcokuslu.com
	This course includes a selection of Freud’s major writings after 1923. Topics covered include: structural theory, the death instinct, theory of anxiety, and man’s relation to society.	
8:30pm-10pm	DIAGNOSIS AND THE INDIVIDUAL Gail Elkin-Scott	Location TBA 917.885.5723 gailelkinscott@gmail.com
	As analysts we assess our patients provisionally and over time, recognizing that words and behaviors are signposts to fluid internal states. As clinicians, however, we are often required to make thumbnail diagnoses, based on categories created by the study of large numbers of subjects. This course will consider the Diagnostic and Statistical Manual-5. One class will be devoted to the history of the DSM and the thinking about current changes in the manual. Throughout, candidates will consider the fit between diagnosis and the individual patient, using examples from our practices or from literature. How can we use diagnosis creatively to inform our thinking, without limiting the potential of the patient to surprise us? Students are encouraged to apply critical thinking and clinical intuition to their use of diagnostic labels.	
Weekend		

Advanced		
6:30pm-8pm	<p>CONTEMPORARY PERSPECTIVES II: ONGOING EVOLUTION OF PSYCHOANALYTIC THEORIES (course renamed from “Intersubjectivity”) Hillary Grill</p>	<p>Location TBA</p> <p>212.545.8482 hillarygrill@gmail.com</p>
<p>This course will offer a more in-depth analysis of concepts explored in Contemporary Perspectives I, and introduce the most advanced theories of psychoanalytic thought today.</p>		
8:30pm-10pm	<p>DREAM ANALYSIS II</p> <p>Stefanie Teitelbaum</p>	<p>Location TBA</p> <p>(212) 255-3284 stef.teitelbaum@gmail.com</p>
<p>Since the 1950’s dreams have been seen more as a communication than as a means of disguise. We will explore all aspects of dream material, both manifest and latent content as it surfaces in associations. The class will use group process format to work directly with the dreams that are presented. Readings will include contemporary writings on the use of imagination and imagery in clinical practice, the intersubjective nature of dream exploration as well as Jung’s concepts of archetypes and the collective unconscious.</p>		

4th Quarter – 3/28/22 - 5/23/22 (No class 4/18/22)

Level & Time	Course & Instructor	Location & Contact
Entry Level		
6:30pm-8pm		Location TBA
8:30pm-10pm	CASE SEMINAR II Janet Sullivan	Location TBA 212. 874.2236 jansull@msn.com
	This course is a continuation of Case Seminar I, providing students with opportunities to present cases in a group format.	
Advanced		
6:30pm-8pm		Location TBA
8:30pm-10pm		Location TBA

Weekend		
<p>4/9/22, 4/23/22, and 4/30/22 1pm-5:30pm Each day</p>	<p>SYMBOLIZATION AND CREATIVITY – REQUIRED WEEKEND COURSE</p> <p>Claudia Bader</p>	<p>Location TBA</p> <p>50 West 97th St #1H 917-747-8254 (for texting) 212-874-7441</p> <p>abzudusk@aol.com</p>
<p>This course explores the symbolization processes at work in unconscious fantasies, symptom formation, trauma and creativity. Ways of working with symbolization in treatment will also be discussed.</p>		
<p>5/8/22 5/15/22, and 6/5/22 10am-1:15pm Each day</p>	<p>PSYCHOANALYSIS AND THE BODY</p> <p>Isaac Shamah</p>	<p>Location TBA</p>
<p>4 Sunday meetings/ 3 hours & 15 minutes each includes 15-minute break. Sessions will combine readings, discussion, exercises and activities. Focus will be on tuning into the resonance with our patients, tracking both self and other, and attending to moment-to-moment awareness. We will explore how to more effectively support a patient in finding resources within themselves, create more flexibility within their system and develop more ability to manage emotional dysregulation. We will survey different practices that engage the body in treatment. These will include EMDR, Somatic Experiencing, Somatic Experiencing Touch and Vipassana Meditation. Content will interweave with relational psychoanalytic practice and transference/counter-transference dynamics. The goal of this class is to enhance the use of self and tune into the alchemy of engagement through bodily awareness.</p>		

Instructor Bios:

CLAUDIA BADER, MPS, LCAT, NCPsyA, LP. Private practice. Former Executive Director, faculty, supervisor, graduate, IEA. Adjunct faculty, Graduate Art Therapy Dept., Pratt Institute of Design. Creative Therapy Program, New School for Social Research. Former dancer and puppeteer.

LORRAINE CAPUTO (coming soon)

CENK COKUSLU, MBA, LP, is a psychoanalyst with private practice in New York, NY, USA. Past Executive Director, Faculty, Training Analyst and Supervisor, Institute for Expressive Analysis (IEA). Faculty and Supervisor, Psychoanalytic Psychotherapy Study Center (PPSC); Faculty, Training Analyst and Supervisor, China American Psychoanalytic Alliance (CAPA). Faculty, National Institute for the Psychotherapies (NIP); Papers published in IFPE's online journal, Other/Wise. Author of Book Chapter in "Counterdreamers" (London: Karnac, 2018) edited by Meg Harris Williams and Miriam Botbol.

PAUL C. COOPER, L.P., Ph.D., Former Dean of Training: National Psychological Association for Psychoanalysis (NPAP); Faculty, training analyst, supervisor: NPAP, IEA, HFI; Editorial Board for Psychoanalytic Review; Award-winning author: *The Zen Impulse and the Psychoanalytic Encounter* (2010), *Into the Mountain Stream: Psychotherapy and Buddhist Experience* (2007). Co-founder, Director, Teacher: Two Rivers Zen Community in Honesdale, PA; Recent journal publications: "Taste the Strawberries," *American Journal of Psychoanalysis*, (2014), "Zen Meditation, Reverie and Psychoanalytic Listening" *Psychoanalytic Review* (2014). Dr. Cooper maintains a private psychoanalytic practice in Manhattan and in Honesdale, PA.

MEREDITH GLIDDEN LCAT, LP* is a creative arts therapist and psychoanalyst with a private practice in New York City. She works with adolescents and adults with a specialty in substance use. Meredith did her post-graduate training at the Institute for Expressive Analysis and is now a board member and is IEA's Director of Admissions.

*License in Psychoanalysis Pending

GAIL ELKIN-SCOTT, MPS, ATR-BC, LCAT, LP, Psychoanalyst and art therapist in private practice. Her developmental focus informs her work with adults of all ages. IEA graduate, Director of the IEA Consultation Center, faculty at New York Counseling and Guidance Institute.

GLADYS FOXE, Ph.D, LCSW, LP, Certified Psychoanalyst, in private practice with individuals, couples, and groups. Training Analyst, faculty, supervisor at IEA. Published seven articles in numerous professional journals and Winner of the Gradiva Award (Article Division) 2002. The winning article was: "But that was in another country, and besides...": Collision and Collusion in the Countertransference Between German Jewish-Descended Analyst and German Nazi-Descended Patient" Her most recent article, "Countertransference and the Heart of the Heroic: Working with a Journalist from China", appeared in *Psychoanalytic Perspectives* in 2011.

MARI GRANDE, MFA, MSW, NCPsyA, LCSW-R, LCAT, EMDR therapist. Psychoanalyst, licensed clinical social worker, licensed creative arts therapist in private practice in NYC and Brooklyn Heights working with individuals, families, and children. Director of Admissions and Faculty member at IEA.

HILLARY GRILL, LCSW is a psychoanalyst practicing in New York City. She is a supervisor and faculty member at the National Institute for the Psychotherapies (NIP), the Institute for Expressive Analysis (IEA) and the Stephen Mitchell Relational Study Center. She is the executive editor of the journal *Psychoanalytic Perspectives*, presents widely, has written articles, the book: *Dreaming for Two: the Hidden Emotional Life of Pregnant Women* and most recently the chapter "The Importance of Fathers" in the book *Clinical Implications of the Psychoanalyst's Life Experience: When the Personal Becomes Professional*.

MARYANN MARSTON, LCSW is a psychoanalyst and psychotherapist in private practice in Manhattan. She is a graduate of NYU Silver School of Social Work and completed her post-graduate analytic training at the National Institute for the Psychotherapies. She is a member of the board of NIP's Professional Association, has coordinated NIP's Seminar Series for visiting interns/externs, has assisted in the production of NIP's Annual Conferences, and sits on the Curriculum Committee. Interested in integrative analytic work, she has taken further study in CBT and DBT.

CYNTHIA (CINDY) POORBAUGH, MFA, LP is a Jungian analyst in private practice in NYC, and Cold Spring, NY. She is a faculty member and supervisor for the Jungian Psychoanalytic Association, and a member of IAAP and IAJS. She serves on the Board of Trustees for the C.G. Jung Foundation of New York, and teaches for the Foundation's Continuing Education program, as well as for the seminar series of PAJA, The Philadelphia Association of Jungian Analysts. She has presented papers on the interface of Jungian theory with art and astrology at psychoanalytic training colloquia and at international conferences.

KAREN SENEAL is a psychoanalyst in private practice with offices in Brooklyn, Bronx, and Manhattan. She did her psychoanalytic training at the National Institute for the Psychotherapies. Karen is a member of IEA's Board of Directors.

CARYN SHERMAN-MEYER, LCSW, is faculty, supervisor and training analyst at the National Institute for the Psychotherapies and other New York City analytic institutes. She writes, teaches and supervises about eating disorders, embodiment and the intersubjective field in psychoanalysis. In recent articles and presentations, she has examined the therapeutic action of bi-directional body-to-body communication between patient and analyst. Caryn offers individual, couple and group psychotherapy and psychoanalysis as well supervision in her private practice in New York City.

TRACEY SIMON, LCSW, Member Institute for Psychoanalytic Training and Research (IPTAR); Member International Psychoanalytic Institute (FIPA); Member, Confederation of Independent Psychoanalytic Societies (CIPS); Member, New York Institute of Expressive Analysis (IEP); Member, National Association of Social Workers (NASW); Member, American Association for Psychoanalysis in Clinical Social Work (AAPCSW); Clinical Faculty, Institute for Psychoanalytic Training and Research (IPTAR); Faculty, Institute for Expressive Analysis (IEA); Faculty, Institute for Training in Psychoanalytic Psychotherapy (MITPP). Certificate in Psychoanalysis, IPTAR; Master of Social Work, New York University; Master of Arts, Photography and Related Media, School of Visual Arts (Thesis, Single Channel video, Relative Distance); Master of Arts in Poetry, University of California, Irvine (Chapbook, Distant Relatives). Poems published in various journals; Installations and single channel video installations.

MARK STAFFORD, LP. A graduate of Apres-Coup Psychoanalytic Association where is also a faculty member. He was the Director of Studies at the Westchester Institute (2006-9). He has been an adjunct faculty at the New School, The School of Visual Arts and holds an MA from the University of Edinburgh Scotland . His publications include "Being Human: The Technological Extensions of the Body"(2000). W.E.B Dubois(1995)

JANET SULLIVAN, LP, LCAT has had multiple associations with IEA: graduate, supervisor, instructor and board member, utilizing both words and music in many different ways. She also works with bereaved persons. She has worked inpatient in a psychiatric hospital. She has had a long career as a singer and pianist and has presented at numerous conferences and has published with EGPS.

CARTER THORNTON, LP, LCAT, MT-BC - Psychoanalyst and Music Therapist with clinical and supervision practices in New York City and Westchester County. Assistant Supervisor for Creative Arts Therapies and Child Life Services at NYU Hospital/Rusk Rehabilitation where his work focuses on applications of creative arts therapy and psychoanalytic frameworks within neurologic rehabilitation. He is additionally a clinical supervisor for New York University's Music Therapy Master's program and is former Program Chair of IEA's Board of Directors.

DEBORAH WAXENBERG, PH.D. I received my PhD in Clinical Psychology from CUNY and I am a graduate, Clinical Consultant, and Co-Chair of the Relational Track of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. I am also on the faculty of the Stephen Mitchell Relational Study Center. My interests include the history and development of psychoanalytic ideas, trauma treatment, and the subjective experience

of time. As a counterbalance to clinical work, I love to puzzle out sewing projects. In and out of the City I am often spotted with binoculars around my neck.

REGISTRATION INFORMATION

FEE SCHEDULE

Students registering for One (1) or Two (2) Courses	\$275 per course + \$75 Registration Fee
Students registering for Three (3) or More Courses	\$250 per course + \$75 Registration Fee
Registration Fee	\$75 per Semester (2 quarters)
Late Fee for Late Enrollment or Late Payment, including Partial Payment	\$75 per Semester (2 quarters)
Students Not Enrolling in Courses	\$75 non-registrant fee per Quarter

One course = eight (8) weekly sessions, 12 hours of instruction. Some courses are taught on weekends, and also consist of 12 hours of instruction.

Classes meet on Mondays from 6:30-8pm and 8:30-10pm, unless otherwise noted.

Payment is only accepted by credit card via the website www.ieanyc.org. Current students will be informed when online registration is open.

REGISTRATION DEADLINES

Fall Semester (first 2 quarters)	August , 2021
Spring Semester (second 2 quarters)	January , 2022

Please be sure to have your entire tuition and registration fee paid at registration to avoid a late fee. We reserve the right to cancel any course offerings that are under-enrolled. Your cooperation in registering as early as possible is appreciated. A late fee of \$75 will be assessed for any amount still outstanding after enrollment.

NEW STUDENTS

In addition to completing the registration form, new students must apply either for full admission to the institute or for the Non-Matriculant Program. Individuals who wish to take only selected courses are welcomed by IEA as long as they meet the Institute's standards for admission. A maximum of three (3) courses may be taken in the Non-Matriculant Program. Credit for these courses is applicable to subsequent matriculation status.

Director of Admissions: Meredith Glidden admissions@ieanyc.org

REFUND SCHEDULE

Canceling enrollment or changing registration must be done in writing to Director of Education, Vanessa Bright at education@ieanyc.org *and* to Treasurer Kristin Long via email or postal mail at the addresses as follows:

Email

Mailing address

REFUNDS

8-Week Courses	
50% Refund if cancellation received <u>more than</u> 2 weeks prior to course start:	
Fall Semester (1 st Quarter)	August , 2021 and before
Early Winter (2 nd Quarter)	November , 2021 and before
Late Winter (3 rd Quarter)	January , 2022 and before
Spring Semester (4 th Quarter)	March , 2022 and before
Cancellation after 1 st session	No refund
Cancellations due to extenuating circumstances will be evaluated on a case-by-case basis.	

Weekend Courses	
Cancellation more than 2 weeks prior to start date	100% refund
Cancellation 7-14 days prior to start date	50% refund
Cancellation less than 7 days prior to start date	No refund (Except in cases of emergency, to be determined by Executive Committee)

QUESTIONS?

Call **Julie Marcus, Dean of Training**, 917-509-5893 for questions about arranging a program or qualification to enroll in a particular course. Email education@ieanyc.org for questions about the curriculum or course content.

NOTICE OF POLICY OF NONDISCRIMINATION

The Institute for Expressive Analysis admits candidates of any race, color, sexual orientation, gender identity and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to candidates at the Institute. IEA subscribes to NAAP's Ethical Guidelines.